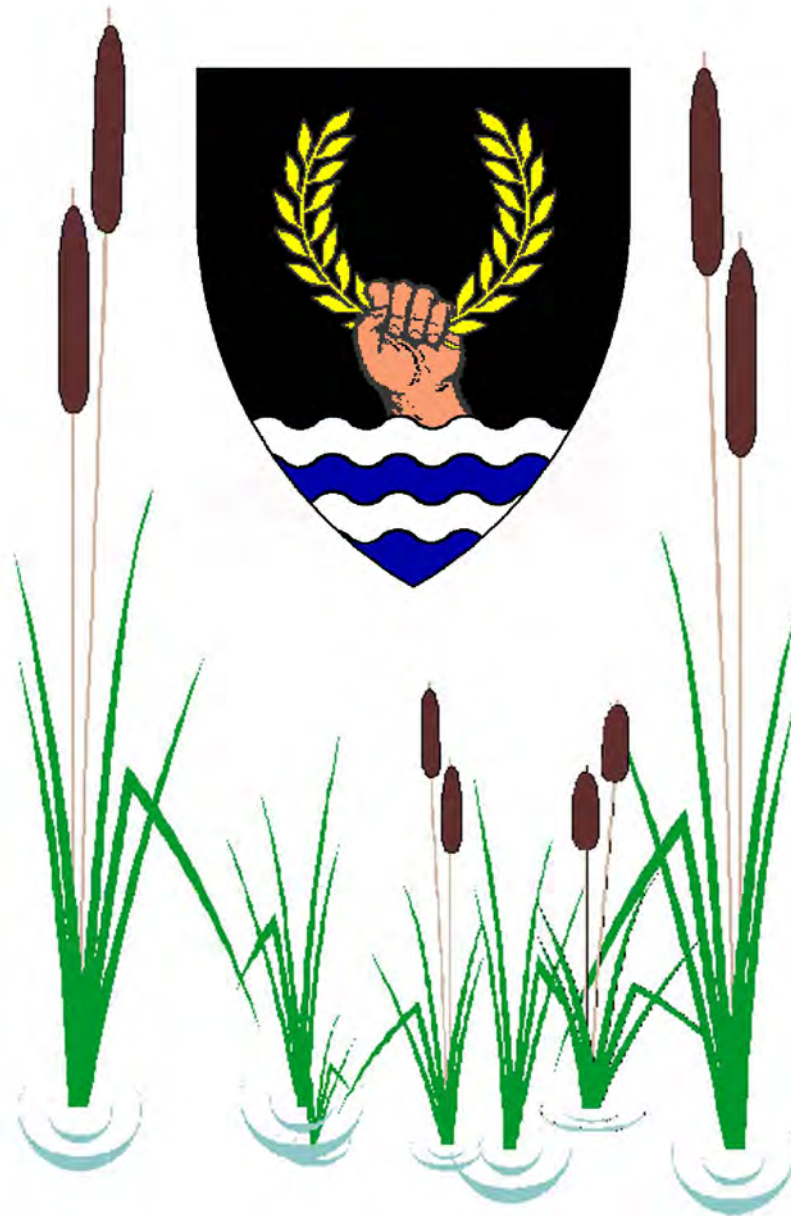


JANUARY/FEBRUARY ISSUE A.S. 48 (2014)

The Sentinels

B A R O N Y O F S T . S W I T H I N ' S B O G



GREETINGS FROM IAGO & EMILIA, BARON & BARONESS

SPECIAL POINTS OF INTEREST:

- Business meetings at 3:30 pm; next meetings Feb 2 and March 2
- Bog 12th Night – Saturday, Jan. 18, at Green Gables. Doors opens at 10 am.
- Axes, Arrows and A&S, Bog Spring Fling Picnic – Saturday, June 14.
- Bog 3-Day, Sommerfrische – July 11-13, 2014

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With 12th Night being a week away, our minds and hearts are focused on seeing our friends and family soon. This event is always a special one since there are not many activities to distract us. Next weekend is sure to be an extra special event as we have two elevations happening. The King and Queen are very excited to visit the Bog and we are confident that they will not be disappointed. Let us be sure to extend the hospitality that we are known for. Welcome our guests with warmth and smiles, and even if it is their first visit here, make them feel that the Bog is heir home.

We are eager to see/hear the works of our artisans and bards. Thank you all, in advance, for sharing your talents on such a festive occasion. In these winter months it is far too easy to shut ourselves in against the cold. So, while we are all together at 12th Night, let's plan on ways/times to



get together and share our talents. Let us not waste the time with complaints of "It is colder here than Iceland," and instead spend it repairing that armor, learning to cook a new dish, or learning to do calligraphy. Don't be afraid to ask an artisan about his/her works. I'm sure they would love to teach you what they know.

Finally, please remember to lend a hand at 12th Night! Setting up, sitting troll, retaining for Their Majesties, tearing down and cleaning up. There is a lot that goes into such a short event and every little bit of help is needed.

We look forward to seeing everyone!

In Service,

Iago & Emilia, Baron & Baroness

Barony of St. Swithin's Bog's Twelfth Night — "Masquerade in the Bog"

Saturday, January 18 at Green Gables (Jennerstown, PA)

Come all ye Lords and Ladies to our 12th Night event, "Masquerade in the Bog." We would love to see everyone don a mask made from the medium you work with best. Do you dabble in metal work? Bring along a handmade metal mask to wear. Is leatherwork more your thing? Amaze us with a custom cut and painted leather mask. Tailors - dazzle us with your mask made of the fibers of your choosing. Scribes - perhaps a paper mask ornately illuminated with brush and paint to show off your talents. Are you a Chirurgeon who has always wanted to wear a mask of your trade? We're looking for scary, regal, mystical, and magical and everything in between.

We will once again sponsor a scroll contest. Scroll size is to be no less than 8" X 10" to provide sufficient space for calligraphy. An award will be given to the most original scroll as judged by our Baron and Baroness. If desired, your scroll may be donated to the Barony. Please mark your name and contact information on the back of your scroll in pencil. A most wonderful prize for the winner has been donated by Lady Rosheen!

Our A&S Baronial Champion as well as our Bardic Champion will also be chosen at this event.

For your entertainment and pleasure, an illusionist will perform many acts of wonder and awe. Criminals and law-breakers are forewarned. There have been rumors that he brings with him a "decapitation device".

As usual, we will hold our 50/50 drawing, as well as our silent auction. Please give your donation to either Mistress Cynthia or Lady Rosheen on or before the event. Doors open at 10:00 a.m. and close at 9:00 p.m. As Green Gables is a commercial restaurant with a liquor license, no alcohol can be brought on site; however, the restaurant will provide a cash bar.

Autocrats for this event are Mistress Cynthia, Cynthia J. Chapple, 1945 Florida Avenue, Johnstown, PA 15902 mistresscynthia@verizon.net; 814-266-1347 and Lady Rosheen, Tracey Zimmerman, 431 Woodland St., Ebensburg, PA 15931; 814-341-9260. Feastocrats are Lord Gunther, Lucas Zimmerman, 814-243-0762, garetkane@hotmail.com and Lord Arvik, Tim Johnson, 814-659-0302, timothyjohnson1978@gmail.com. Please contact either of these fine Lords with your dietary restrictions or concerns.

Your cost for a day of hearty fellowship and delicious food is \$18.00. (The \$5.00 non-member surcharge will be collected at the door.) All halflings 12 and under will be \$8.00. Babes in arms (under 5) free. Make checks payable to "SCA PA Inc., Barony of St. Swithin's Bog." Even though you pay the same price if you are there for one hour or all day, reservations are encouraged to help you get through troll quickly so you can enjoy your day. Reservations must be in the hands of our Reservationist by January 17, 2014. Please send to Lord Battista di Lupo Speranza (Paul Tedeski, 499 Southmont Blvd. Johnstown, PA 15905; 724-859-7190, exchequer@stswithinsbog.org).

Green Gables is located in Jennerstown, PA, and is easily accessible from Rt. 219 or Rt. 30.

FROM THE NORTH OR SOUTH: Make your best way to Rt. 219 and take the Jennerstown Exit. From the north, make a right off the ramp, from the south make left off the ramp. Go approximately 3.2 miles on Rt. 30 west. At the second light make a right. *Green Gables is a short distance down the hill on the right. Park either in front of the building or in the larger parking lot to the left of the building, beyond the trees. (Entrance to this lot is a bit further down the road.) Go in through the SIDE DOORS to the left of the building.

FROM THE EAST OR WEST: Make your best way to Rt. 30 and follow it into Jennerstown, PA. At the Jennerstown light (crossroads of Rt. 30 and Rt. 985) turn onto 985 North and follow from * above.

FROM THE SENESCHAL

Business meeting minutes are submitted by....

Dona Caroline of Burgundy,
Seneschal BSSB

**MEETING MINUTES FOR
MONTH, DAY, 2014:**

Baron & Baroness: 12th Night is fast approaching and we are really looking forward to having a wonderful day! Please consider volunteering to help during the day. Don't forget your item for the auction table and/or A&S display.

Reminder: Bardic and A&S Champions will be chosen at this event. If you are selected Champion, please note that the 7 Pearls for these areas are at Ice Dragon (A&S) and Pennsic (Bardic) and try to attend & compete in your area.

Seneschal: Our Webminister has settled things with the web hosting site and we will be renewing the service for four years at an excellent price of \$108. Thanks Kenn!

Exchequer:
Checking: \$2,298.45
Savings: \$4,804.42

A&S: Nothing new at this time

Chatelaine: I was contacted by a lady who had attended a Bog event many years ago & would like to come back. She plans to be at 12N, so please watch for

her and help her feel welcome.

MOL: Check authorization cards and marshal warrant cards

Knight Marshal: Fighting every Sunday.

Fencing Marshal: Fencing on Sunday & Wednesday.

Thrown Weapons & Archery: You all should be making arrows, finishing your crossbow, sharpening your axes and knives, and getting ready for the 2014 season. The days are getting longer and spring is around the corner.

Webminister: We have renewed service with the hosting site (Just Host) and will change the account ownership name to the Barony. This will put us in compliance with SCA policy.

Chronicler: Send in articles.

Herald: Nothing new at this time

Historian: History is happening.

Scribal Mistress: There are only two Scribal Tuesdays left before 12N to finish your work.

Old Business:
12th Night food prep will be Saturday (Jan 11) at St. Mark's

beginning at 10:00 am. Setup at Green Gables will be Friday (Jan 17) at 1:00pm. Please let Rosheen know if you can attend & help.

Green Gables will be supplying the bread, coffee, and punch throughout the day.

Don't forget your auction items! Bring them to the event or contact Rosheen to deliver them early.

There was one item that didn't make it onto the original bid proposal. An illusionist has been hired to entertain during the day. Rosheen paid for the deposit and asked if the Barony would cover the remaining amount of \$175.50. We voted & agreed that the Barony would pay the remaining amount.

New Business:
Axes, Arrows and A&S, Bog Spring Fling Picnic – June 14, 2014 – Date & location confirmed & full announcement will be available on the web page

Additional/Misc: None
Next Meeting: Sunday, February 2, 2014 - HGA 3:30pm
If there are any corrections, please send me an email.

In Service,
Dona Caroline of Burgundy
Seneschal BSSB



OYEZ! OYEZ!
IN FURTHER NEWS....

Axes, Arrows and A&S, Bog Spring Fling Picnic

Saturday, June 14, at St. Michael Sportsmen's Club (124 Chapel St., South Fork, PA)
Sponsored by the Barony of St. Swithin's Bog

Co-Autocrats, THL Kenn the Just and Lady Katerina de La Marne (Kenn Leap and Cindy Leap) 327 Martin Road, Johnstown PA 15904 (814) 536-0045 kennthejust@yahoo.com or cindleap@atlanticbb.net.

Feastocrat, Lady Rois O'Fayh (Tracey Zimmerman) (814)341-9260
mmbtones12@hotmail.com.

This event is free, no reservations required and no non-member surcharge of \$5.00. Checks can be made out to SCA INC - Barony of St. Swithins Bog. There will be an all day potluck sideboard. The Bog will provide meat and bread. Please contact the Feastocrat about the side dish you might bring to avoid 90lbs of potato salad or special dietary concerns. The Bog has had an annual Thrown Weapons and Archery Picnic the past few years and we decided to invite everyone this year. We will have a special memorial Thrown Weapons tournament in honor of Adam Walker, a Bogger we lost all to soon in 2013. Donations of \$5.00 or more per entry will benefit a camp for children with diabetes that Adam volunteered at for many years. The Archery range will also be open with tournaments and novelty shoots. There will also be an A&S competition for those who don't want to send metal flying. The St. Michael Sportsmen's Club is located just off of the St. Michael/Sidman exit of PA Route 219. Detailed directions and more information on the event can be found on our website at stswithinsbog.org.

FROM THE CHRONICLER

Happy New Year, everyone! Here's to a fun and healthy new year full of good times with our Bog family & friends!

In Service,
Caiti (Kiwi)
Interim Chronicler

If you wish to submit a work to the newsletter, please fill out this (fillable) release form: <http://aethelmearc.org/downloads/publications/ReleaseCreativeFillable.pdf>; then email it to me at chronicler@stswithinsbog.org or print & bring to the next business meeting. Thank you!

Chamomile and English Lavender Iced Tea

Recipe:

2 TBSP loose chamomile
1 ½ tsp English (culinary) Lavender
¾ cup granulated sugar
4 trays ice
1 quart cold water

Follow manufacturer instructions or your favorite method for brewing

Makes 1 quart

Period usage:

Chamomile and lavender were both well known medicinal herbs in period. In her paper, “**Medieval Use of Herbs**” (<http://www.gallowglass.org/jadwiga/herbs/teen.htm>) Mistress Jadwiga Zajackowa outlines and documents how dozens of herbs, including lavender and chamomile, were used in period.

“**Chamomile**, *Matricaria chamomilla*: a short, creeping fringy plant with daisylike flowers. Used in handwashing waters and for headaches. Lawns and garden seats were planted with chamomile, for it 'smells the sweeter for being trodden on'. Scientific testing indicates that it really may help settle the stomach and soothe the nerves, which may be why it was used in fevers.”

“**Lavender**, *Lavendula vera*, *Lavendula spica*, *Lavendula stoechas*: dried purple flowers. Used in food, and in refreshing washes for headaches; a cap with lavender flowers quilted in it kept headaches at bay. Used extensively in baths, as a personal scent and as a moth repellent.”

Recipe by Lady Biya (<http://voices.yahoo.com/living-history-unhindered-11469522.html?cat=70>)

Regular Local Events



THIS IS THE JULY/AUGUST 2013 ISSUE OF THE SENTINEL, A PUBLICATION OF THE BARONY OF ST. SWITHIN'S BOG OF THE SOCIETY FOR CREATIVE ANACHRONISM, INC. (SCA, INC.) THE SENTINEL IS AVAILABLE FROM KATHY GIESEY, 112 DEEDS ST., LIGONIER PA 15658.

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MONTHLY MEETINGS:

First Sunday each month - 3:30 pm at Hiram G. Andrews Center (727 Goucher St Johnstown, PA 15905)

Melee Practice

First Sunday each month - 4:00 - 6:00 pm, unless otherwise stated Hiram G. Andrews Center

WEEKLY ACTIVITIES:

Thrown Weapons Practice

Fridays - 6:00 pm until dark at THL Kenn & Lady Katya's home (aka Kenn & Cindy Leap, 814-536-0045)

Heavy Weapons Practice

Sundays - 4:00 - 6:00 pm at Hiram G. Andrews Center

Fencing Practice

Wednesdays - 6:00 - 9:00 pm at Bastiano's home

Sundays - 4:00 - 6:00 pm at Hiram G. Andrews Center

Archery Practice

Contact THL Kenn the Just (aka Kenn Leap, 814-536-0045)

Scribal Guild

Tuesdays - 6:00 - 8:00 pm at Baron Tower & Baroness Cynthia's home

Arts & Sciences

Contact Lord Ian Campbell (aka James Mowry, 814-322-8742)

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